

# ***Overview of Mental Health Surveillance (OEF/OIF)***

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AFEB Meeting, November 30<sup>th</sup>, 2004

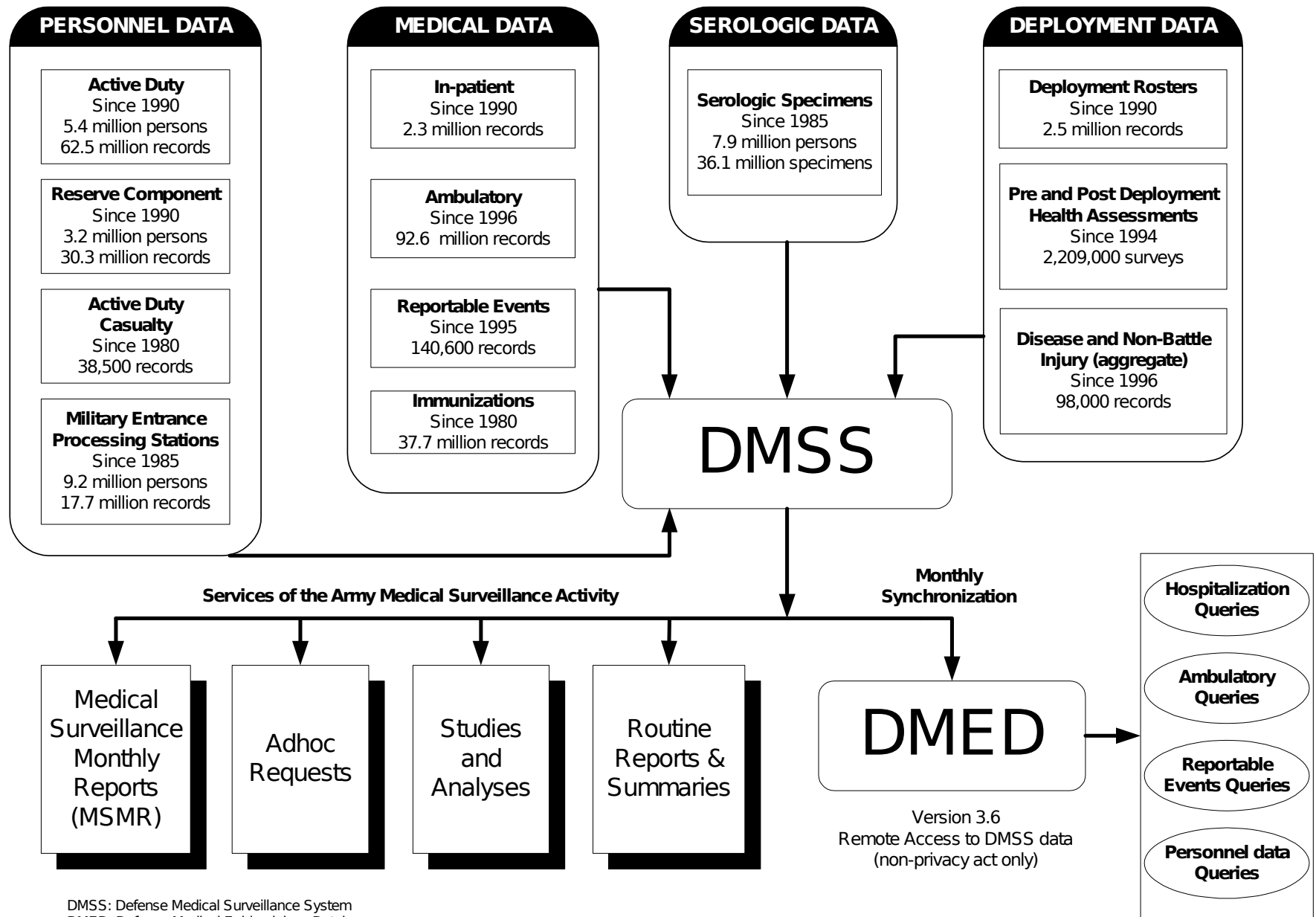


# ***Deployment Mental Health Surveillance***

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- Defense Medical Surveillance System
- Surveillance of Medical Encounters
  - Deployed vs. non-deployed
- Deployment Mental Health Surveillance
  - Deployed vs. non-deployed
  - Post deployment health assessments
  - Referrals for mental health care

# DMSS Structure and Functional Relationships



DMSS: Defense Medical Surveillance System  
DMED: Defense Medical Epidemiology Database

Counts are for current or former members of the US military

All counts current as of November 2004



# ***Defense Medical Surveillance System***

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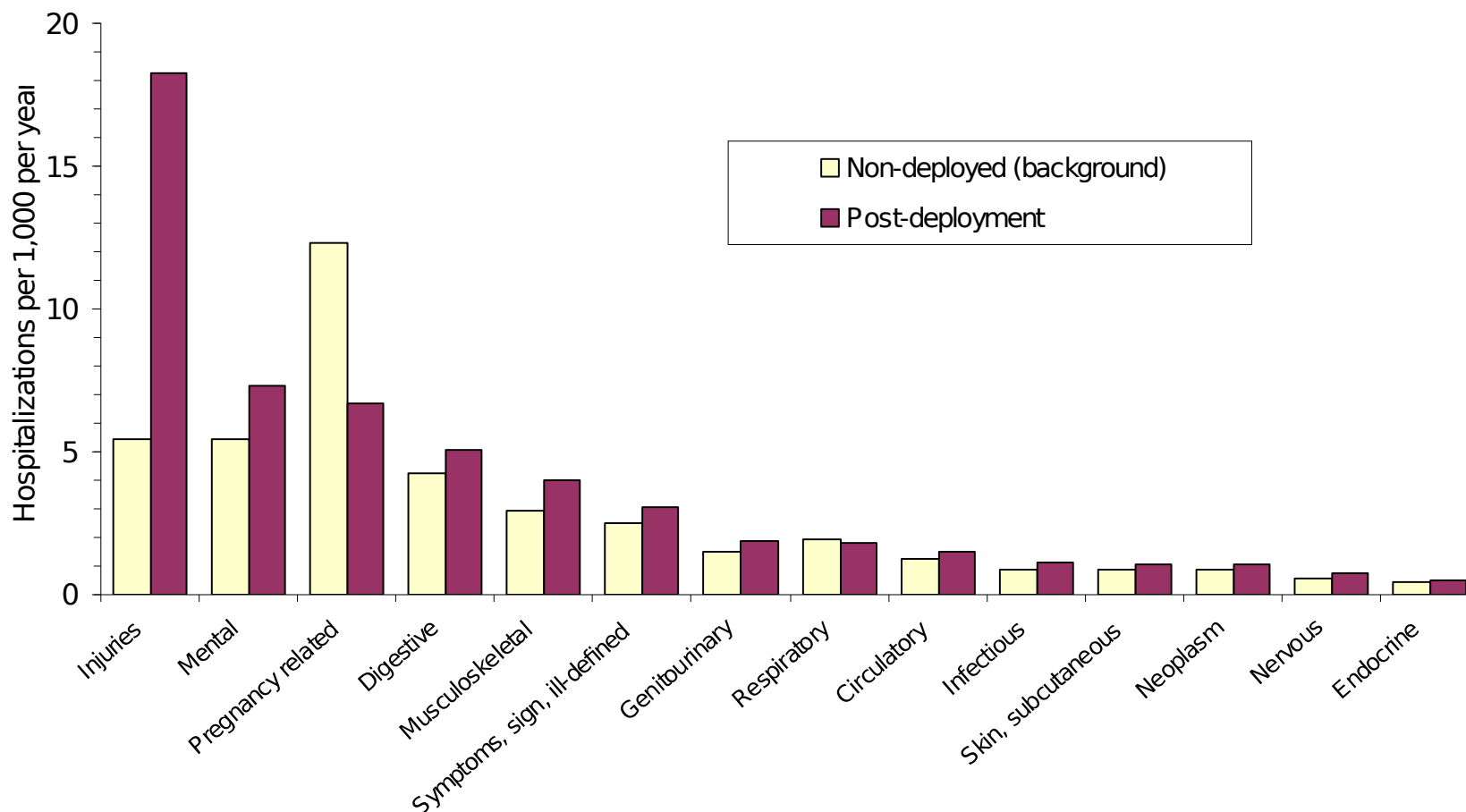
## *Surveillance of Medical Encounters*

- Returning active duty servicemembers tracked up to one year after returning from Operation Enduring Freedom (OEF) / Operation Iraqi Freedom (OIF)
- Compared to non-deployed AD members (background rates)
- Data sources: Defense Medical Surveillance System (DMSS)
  - DMDC deployment roster
- Analysis period: 01October2002 – 31August2004



# ***Defense Medical Surveillance System***

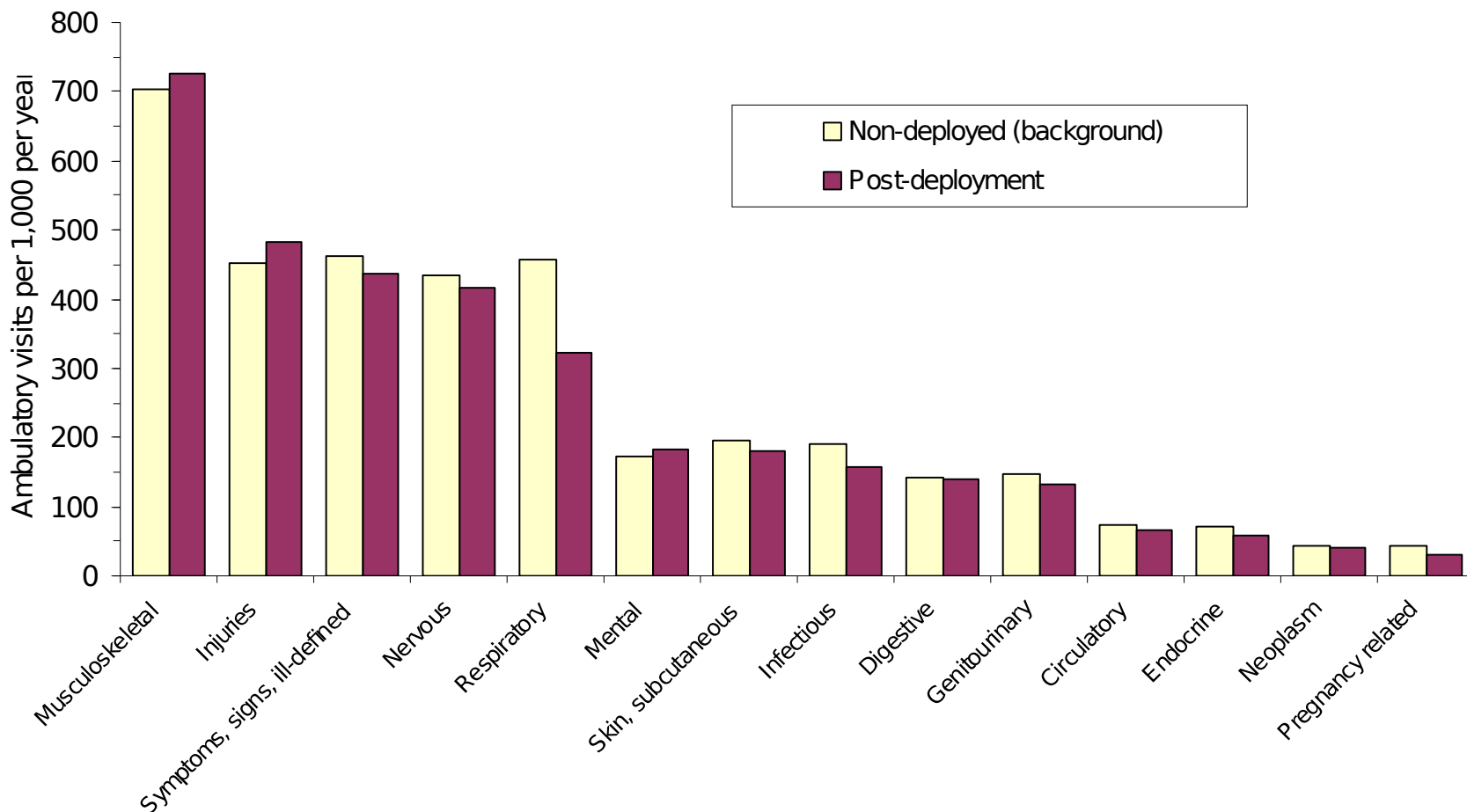
**Hospitalization Rates by Major Diagnostic Category in Relation to Deployment to OEF/OIF, Active Duty Servicemembers, October 2002 – August 2004**





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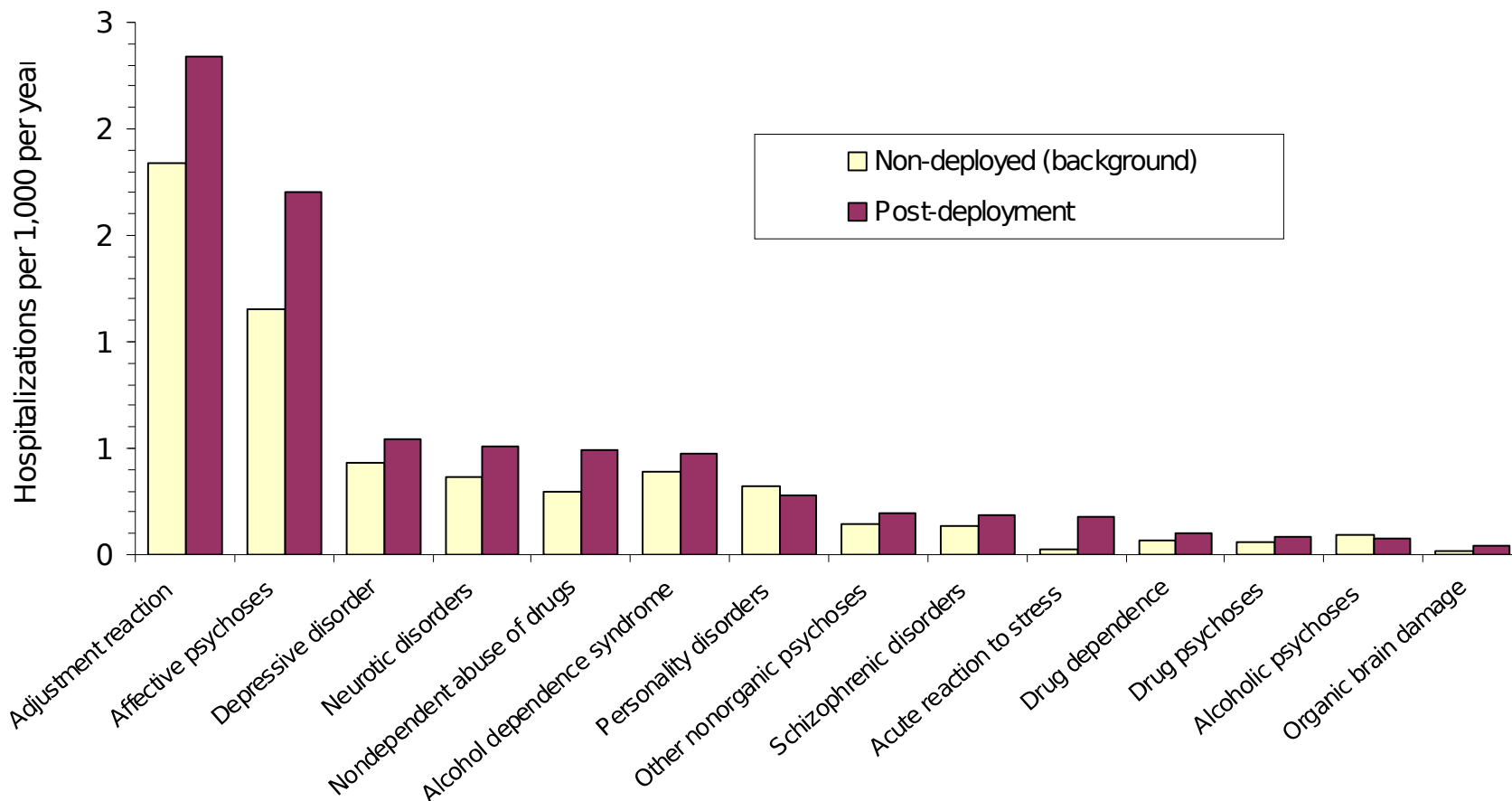
**Ambulatory Visit Rates by Major Diagnostic Category in Relation to Deployment to OEF/OIF, Active Duty Servicemembers, October 2002 – August 2004**





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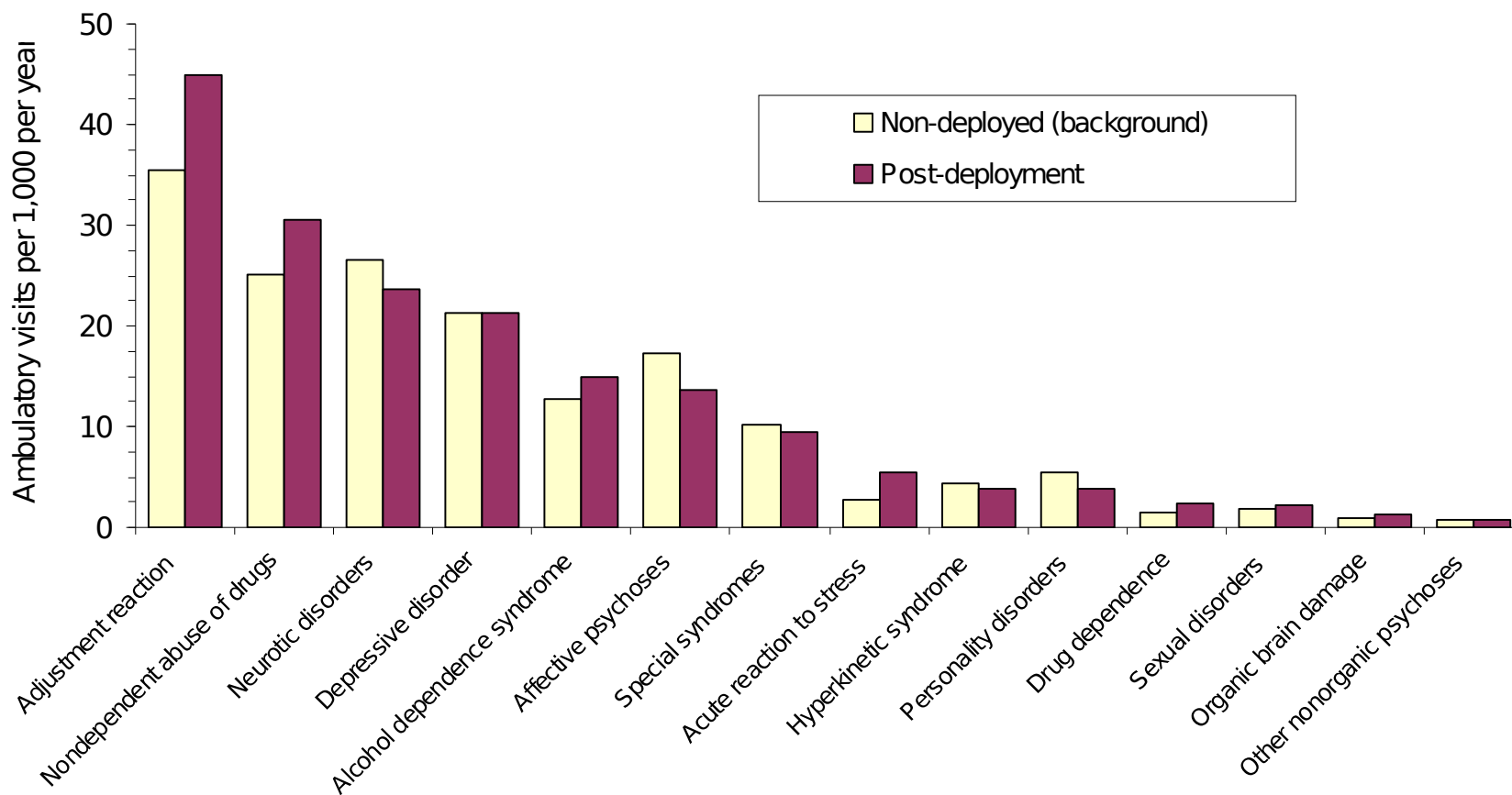
**Hospitalization Rates for Mental Health Disorders in Relation to Deployment to OEF/OIF, Active Duty Servicemembers, October 2002 – August 2004**





# ***Defense Medical Surveillance System***

**Ambulatory Visit Rates for Mental Health Disorders in Relation to Deployment to OEF/OIF, Active Duty Servicemembers, October 2002 – August 2004**







# ***Defense Medical Surveillance System***

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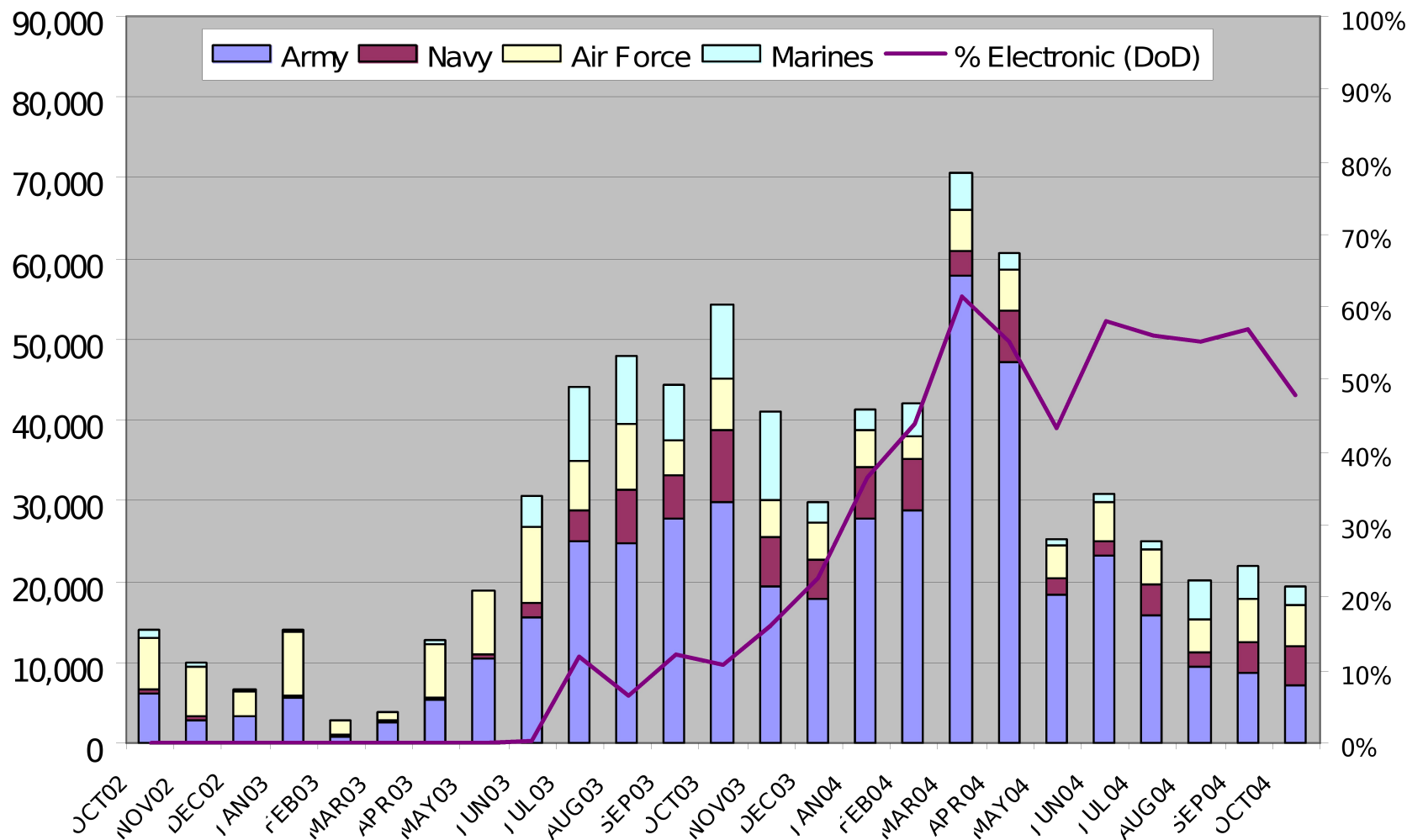
## *Responses to Mental Health Questions In Relation to MH Referrals and Prior Mental Health Care*

- Population includes all active duty and reserve component servicemembers filling out a four page post-deployment health assessment
- Specific clinic referrals information has been data-entered for paper forms going back to October 2002
- Data source: Defense Medical Surveillance System (DMSS)
  - » Health Assessments Forms (paper and electronic)
  - » Inpatient and outpatient mental health encounters in prior 3 years
- Analysis period: 01 June 2003 – 30 September 2004



# Defense Medical Surveillance System

Total Post-Deployment Health Assessments (DD 2796), DoD, Oct 2002 - Present\*



\* based on date processed into Defense Medical Surveillance System (DMSS)



# ***Defense Medical Surveillance System***

## **Mental Health Questions on Post-Deployment Health Assessment**

**10. Are you currently interested in receiving help for a stress, emotional, alcohol or family problem?**

☐ No      ☐ Yes

**12. Have you ever had any experience that was so frightening, horrible, or upsetting that, IN THE PAST MONTH, you ....**

No      Yes

- |                       |                       |   |
|-----------------------|-----------------------|---|
| <input type="radio"/> | <input type="radio"/> | Have had any nightmares about it or thought about it when you did not want to?                      |
| <input type="radio"/> | <input type="radio"/> | Tried hard not to think about it or went out of your way to avoid situations that remind you of it? |
| <input type="radio"/> | <input type="radio"/> | Were constantly on guard, watchful, or easily startled?   |
| <input type="radio"/> | <input type="radio"/> | Felt numb or detached from others, activities, or your surroundings?                                |

**11. Over the LAST 2 WEEKS, how often have you been bothered by any of the following problems?**

None      Some      A Lot

- |                       |                       |                       |  |
|-----------------------|-----------------------|-----------------------|--|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Little interest or pleasure in doing things                                |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Feeling down, depressed, or hopeless                                       |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Thoughts that you would be better off dead or hurting yourself in some way |

**13. Are you having thoughts or concerns that ...**

No      Yes      Unsure

- |                       |                       |                       |  |
|-----------------------|-----------------------|-----------------------|--|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | You may have serious conflicts with your spouse, family members, or close friends? |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | You might hurt or lose control with someone?                                       |

**4. During this deployment have you sought, or do you now intend to seek, counseling or care for your mental health?**

☐ Yes      ☐ No



# Defense Medical Surveillance System

## Percent Positive Responses to Selected Mental Health Questions DD 2796, US Armed Forces, June 2003 - September 2004

Percent Positive Response					
<u>Active Duty</u>					
	Army	Navy	Air Force	Marines	Total (DoD)
#10 Interested in receiving help for MH problem	4%	3%	1%	2%	3%
#11 Bothered by problems (sign of depression)	24%	27%	10%	29%	23%
#12 Had a frightening or upsetting experience	20%	8%	4%	15%	14%
#13 Had thoughts or concerns about losing control	8%	8%	2%	8%	7%
#4 Intends to seek mental health care	5%	2%	1%	2%	4%
Percent Positive Response					
<u>Reserve and National Guard</u>					
	Army	Navy	Air Force	Marines	Total (DoD)
#10 Interested in receiving help for MH problem	5%	3%	1%	2%	4%
#11 Bothered by problems (sign of depression)	20%	13%	8%	30%	19%
#12 Had a frightening or upsetting experience	13%	7%	4%	18%	12%
#13 Had thoughts or concerns about losing control	8%	5%	2%	11%	7%
#4 Intends to seek mental health care	6%	3%	1%	3%	5%



# Defense Medical Surveillance System

## Percent Referred for Mental Health Care by Responses to Mental Health Questions DD 2796, US Armed Forces, June 2003 - September 2004

<u>Active Duty</u>	Percent referred				Total (DoD)	
	Army	Navy	Air Force	Marines	n	% referred
Positive response to questions #10 - #13	7%	2%	4%	2%	104,208	5%
Negative response to questions #10 - #13	1%	0%	0%	0%	228,374	0%
Intends to seek mental health care (#4)	34%	16%	29%	20%	11,886	31%
Does not Intend to seek mental health care	1%	0%	0%	0%	320,696	1%

<u>Reserve and National Guard</u>	Percent referred				Total (DoD)	
	Army	Navy	Air Force	Marines	n	% referred
Positive response to questions #10 - #13	7%	3%	3%	2%	45,802	6%
Negative response to questions #10 - #13	0%	0%	0%	0%	130,276	0%
Intends to seek mental health care (#4)	24%	16%	20%	16%	9,140	24%
Does not Intend to seek mental health care	1%	0%	0%	0%	166,938	1%



# Defense Medical Surveillance System

## Percent with History of Mental Health Care by Responses to Mental Health Questions DD 2796, US Armed Forces, June 2003 - September 2004

Percent with History of MH Care within previous 3 years					
<u>Active Duty</u>					
	Army	Navy	Air Force	Marines	Total (DoD)
Positive response to questions #10 - #13	10%	9%	13%	7%	10%
Negative response to questions #10 - #13	8%	7%	9%	6%	8%
Intends to seek mental health care (#4)	16%	18%	18%	13%	16%
Does not intend to seek mental health care	9%	8%	10%	6%	8%
Percent with History of MH Care within previous 3 years					
<u>Reserve and National Guard</u>					
	Army	Navy	Air Force	Marines	Total (DoD)
Positive response to questions #10 - #13	8%	5%	2%	2%	7%
Negative response to questions #10 - #13	5%	3%	2%	1%	4%
Intends to seek mental health care (#4)	24%	18%	8%	4%	23%
Does not intend to seek mental health care	4%	3%	2%	1%	4%



# ***Defense Medical Surveillance System***

## **Percent with History of Mental Health Care by Referral Patterns for Mental Health DD 2796, US Armed Forces, J une 2003 - September 2004**

Percent with History of MH Care within previous 3 years					
<u>Active Duty</u>	<b>Army</b>	<b>Navy</b>	<b>Air Force</b>	<b>Marines</b>	<b>Total (DoD)</b>
Referred for mental health care	21%	23%	22%	15%	21%
Not referred for mental health care	10%	8%	10%	7%	9%
Percent with History of MH Care within previous 3 years					
<u>Reserve and National Guard</u>	<b>Army</b>	<b>Navy</b>	<b>Air Force</b>	<b>Marines</b>	<b>Total (DoD)</b>
Referred for mental health care	14%	15%	9%	5%	13%
Not referred for mental health care	6%	4%	2%	2%	5%



# Defense Medical Surveillance System

Summary of Referrals from Post-Deployment Health Assessments Active Component Servicemembers, 01J an2003 to present		
Referral type*	Number of referrals	Percent with any followup
<i>Clinic Referrals</i>		
Dental	10,141	89.9
Orthopedic	9,092	94.0
Mental Health	5,883	91.2
Dermatology	2,793	90.6
Pulmonary	1,732	93.6
Audiology	3,548	86.2
Neurologic	1,572	94.0
ENT	1,377	91.9
Eye	1,817	91.2
GYN	946	96.5
GI	896	92.5
GU	514	92.4
Pregnancy	308	98.4
Cardiology	626	93.9
<i>Other referrals</i>		
Other	23956**	92.4
Combat/Operational Stress Reaction	2,346	92.3
Family Problems	1,321	88.5
Fatigue, Malaise, Multisystem Complaint	1,305	91.4
<b>Total number of forms</b>	<b>341,697</b>	
<b>Total number of forms with referrals</b>	<b>59,003</b>	
<b>Percent with referral</b>	<b>17%</b>	

\* One or more referrals type may be indicated on forms

\*\* Includes routine follow-up care